SOURCE Champion of the Month June 2015

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Cory Bradley

Johns Hopkins Bloomberg School of Public Health 2nd Year Doctoral Student, Human Behavior and Society

"It's important to think in terms of what you accomplish, but it's more rewarding to think in terms of who you become."

What do you do as your community engagement activity?

Involvement on the SOURCE Governing Board, participated in service learning project with AIRS, working with core group of JHBSPH students in organizing a sustained response in collaboration with administration and the student body to address systemic issues of inequity experienced by Baltimore City communities brought to the forefront in the wake of the homicide of Mr. Freddie Gray.

How much time do you spend on service per week/month?

It ranges based on the project but may be 4 hours/wk.

How did you begin to work with your community-based organization (CBO)?

The work with AIRS began through a service learning project in a Health Communication Program Design, Implementation and Evaluation Course taught by Doug Storey. The work with students emerged organically with a few colleagues who wanted to inspire the institution to take a more proactive engagement in the recent events related to Mr. Freddie Gray's death and the community's acts of civil and aggressive disruptions.

What do you enjoy about or gain through community service?

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It makes me feel whole, integrating all aspects of my experience, my quest for knowledge, and my grasp for hope. It helps me make sense of the world and my place in it and provides me with an opportunity for personal reflection whereby I can grow and challenge myself to continually "Become".

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How do you find time for service in your busy schedule?

My passion compels me. I'm disorganized. I loose sense of priorities. I'm stressed as a result of procrastination and overscheduling, but I'm content with the footprint I've made in the same, even if time and the elements should wash over it. I know that I was 'here'.

Besides finding the time, what barriers related to your service have you had to overcome?

Negotiating with colleagues on identifying the problems and the best strategies for action. IT is a constant work of humility undergoing this transformative work, if you allow it.

How has your training in Hopkins influenced the way you approach service?

I brought an orientation to community and developing people, purpose and potential based on my historical experiences and involvement in church ministry. I think Hopkins has complemented my outreach with a more comprehensive skill set and critical perspective by which to analyze situations. Additionally, Hopkins influences me because it compels me to build and do more with the resources and opportunities afforded by the institution. It drives me to fulfill the charge "to whom much is given, much is required."

How does your service shape your development as a health care professional?

It keeps my ear and my heart tied to the interests of the "public" in public health. It intensifies my commitment to provide service that shifts the culture and not just impact individuals. I'm even more inspired that my work should reform systems and confront forces of oppression.

What advice do you have for prospective students who are interested in community service?

In the words of NIKE, just do it! You may think that you don't have the "people" skills to be involved or think that people may not want support from you, but I would argue that you are likely mistaken. The whole of life is desperately tied to connecting with others. Even if that means finding yourself in the spaces where the community lives just sharing a simple greeting, 'Good Morning." "How are you?" affirming the dignity and value of others.

What would you say to someone who is unsure of the impact his/her service would have on a community?

Don't "other" yourself when it comes to community. It's not "you" and "them." You are an extension of community when you serve. Your presence or being is the difference, not necessarily your doing. It's important to think in terms of what you accomplish, but it's more rewarding to think in terms of who you become.

What is the community service accomplishment that has affected you and/or your community the most?

Listening and finding myself and space in those conversations, both the joyous laughter and the suffering and distress. Then I take my hearing to other levels to reflect back to community members, "SEE, I heard you."

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