

SOURCE Service Scholar Projects - Volunteer Opportunities as of 3/5/2024

Listed below are various opportunities to volunteer with our SSS Students. Volunteer options include **one-time, virtual and ongoing**. Please contact students directly using the information provided in their respective outreach if you want to work with that project.

One-Time Opportunities

Child First Authority

Child First Authority (CFA) is a Baltimore organization dedicated to providing high quality community schools and after school programs. CFA has partnered with SOURCE to pilot a process evaluation. Volunteers are needed to attend and support CFA staff for our parent focus groups held in March at four of our partnership schools.

We are seeking 4 volunteers who are interested in working with CFA staff and community school families are requested to help in the following capacities:

- Attending one hour parent focus groups with CFA staff and SOURCE Service Scholar taking notes on the discussion.
- Meeting with CFA staff and SSS to review notes and discuss key ideas. The focus group dates are:
 - 3/12 at 7:30 AM
 - 3/12 at 9:30 AM
 - 3/19 at 9:00 AM
 - We are still in the process of scheduling the fourth focus group.

Please reach out to SOURCE Service Scholar Jenna Ledbetter (jledbet3@jh.edu) if you are interested in getting involved or learning more.

SPARC Women's Center

Do you have interest in harm reduction and the legal needs of people who use drugs and/or engage in sex work? We are looking for two one-to-two-time volunteers to come to [SPARC Women's Center](#) on either a **Monday or Wednesday from 10:00 am - 1:00 pm** for a 3-hour block during operating hours to assist SPARC participants fill-out a legal needs assessment forms for an upcoming expungement and legal aid clinic. SPARC drop-in center serves the south and southwest Baltimore communities. Volunteers must identify as women or non-binary.

If you are interested in learning more about this service opportunity, please contact SOURCE Service Scholar Rachel Rattenni at rratten1@jh.edu.

Volunteers needed for community canvassing to assess food access and community needs with Project PLASE

Project PLASE (People Lacking Ample Shelter and Employment) addresses homelessness in Baltimore by providing temporary housing, permanent housing and supportive services to homeless adults and families. We serve the most vulnerable and underserved, including persons with mental illness, HIV/AIDS, addiction, developmental disabilities, and ex-offenders, etc. We treat, restore and rehabilitate the whole person. We empower individuals to function at the highest level possible. To serve the larger community, Project PLASE also coordinates a weekly food pantry attended by many in the community, and we are seeking to expand these food drop days to include more community services as well.

We are seeking 2-4 volunteers who are interested in going into the community to help collect responses on a community needs survey to understand the needs of the community and how best to support them. The outcomes of which are essential for sustainability of these efforts. Volunteer activities will include:

- Support Project PLASE Community Canvassing **every Tuesday from 9-11 am** around the Project PLASE campus (where you will check in), and though repeat involvement would be ideal, **there are no long-term commitments required to volunteer.**
- If this time does not work for you but you are interested in contributing to these efforts, please reach out and we will try to find another time to go (groups of two or more people will be required for alternative times).
- All volunteers must attend a volunteer orientation to be held virtually and will take about 30 minutes and service-learning reflection activities.

If you are interested or have questions, please reach out to SOURCE Service Scholar Lauren Hinkle at lhinkle4@jhmi.edu.

Seeking volunteers for “Re-Engaging Residents in Martha’s Place Programming” project with Intersection of Change

Intersection of Change is a community nonprofit that addresses poverty-related issues in west Baltimore in the Sandtown-Winchester/Upton neighborhoods. One of Intersection of Change’s three core programs is **Martha’s Place**, a housing program for women recovering from substance use and addiction. The goal of Martha’s Place is to provide women with crucial life skills so that one day, they feel comfortable moving out and living a fully independent substance-free life. Martha’s Place strives to create activities and programs for residents centered on physical, emotional, spiritual, financial, and social health.

We are seeking 4-6 volunteers who are interested in working with Martha's Place to build a strong alumni network so that current residents can feel supported and inspired by successful graduates of the program.

Responsibilities will include:

- Support coordination (logistics, brochure design, event set up, etc) and facilitate an alumni graduation ceremony event on **March 30th from 1-4pm**
- Help develop presentations and/or lead Wellness Wednesday sessions at 4pm. Sample topics can include fitness, healthy eating, self-care, cognitive distortions, etc.
- Develop a spreadsheet and support tracking of Martha's Place residents feedback during the Wellness Workshops
- Help organize cooking workshops on Fridays using local ingredients sourced from the Strength to Love Farm

Volunteer commitment:

Volunteers can support one-time (or more) of the Martha's Place service activities listed above. Volunteers will participate in an orientation meeting, plus service-learning reflection activities.

Interested students should contact SOURCE Service Scholar Fariha Kazi - fkazi1@jh.edu and use subject line "Volunteer Interest for Martha's Place"

Virtual Opportunities

[Virtual/remote volunteers needed to support social media outreach for The Family Recovery Program, Inc.](#)

Are you interested in using social media and communication skills to support an organization working to strengthen, engage, and equip families in Baltimore? [The Family Recovery Program, Inc.](#) (FRP) is a nationally recognized program that provides parents with supportive substance use disorder services, referrals to appropriate substance treatment, and family strengthening opportunities. This project with SOURCE is focused on developing social media content and campaigns to increase FRP's presence and build engagement on social media.

We are seeking 3-4 volunteers that are interested in helping in the following capacities:

- Brainstorming strategies to drive engagement to FRP social media accounts to increase viewership, with eventual participation and donations.

- Writing articles for the FRP website and/or newsletter to provide recap of events and share information on topics related to FRP's work.
- Creating social media content and posts that showcase FRP programs, initiatives, and events. Any social media experience is welcome!

Volunteer commitments: 1-3 hours per week including virtual meetings with other volunteers and FRP staff, and service-learning reflection activities. **Hours are FLEXIBLE.**

If you are interested in learning more about this opportunity or have any questions, please email SOURCE Service Scholar Karissa Maeda [at kmaeda4@jh.edu](mailto:kmaeda4@jh.edu).

REMOTE: [Volunteers needed to co-facilitate youth development sessions and develop a comprehensive curriculum with MissionFit Inc](#)

MissionFit is a community-based organization in Baltimore focused on youth development with a strong commitment to all aspects of young people's growth and providing support into adulthood post-high school graduation.

We are seeking 2-4 virtual volunteers who are interested in working with youth and are comfortable speaking and interacting with youth. Responsibilities will include:

- Assist with improving infrastructure and tracking of the Strength Ambassadors program
- Support curriculum development and brainstorm educational topics linked with existing learning objectives
- Help with outreach and gather information on professionals to speak with students.

Volunteer commitment: 1-2 hours per week, beginning in January through April 2024, and will include orientation and service-learning reflection activities. **Hours are FLEXIBLE.** Interested students should contact SOURCE Service Scholar Brittany Cook at bcook35@jh.edu for more information.

REMOTE: [Searching for virtual volunteers to develop an online resource hub for families and students with Baltimore SquashWise](#)

Baltimore SquashWise is an afterschool program for middle and high schoolers that provides educational help, team building, and fitness through the sport of Squash. One of our goals this year is to increase family engagement within our program and better facilitate resource sharing to our families. As a part of this vision, volunteers will support the development of a resource hub for our families and students.

We are looking for 4-6 volunteers, preferably with experience in website design using Google sites, Word Press, Wix, or other platforms. Interpersonal collaboration, project management, and time management skills are required. Graphic design, user experience, social media outreach, and strong writing would be assets for the volunteer team. Responsibilities will include:

- Working as a team to build a website that highlights upcoming events, lifestyle resources for parents and educational opportunities
- Assisting with creating web content and posts that showcase programs, initiatives, and events

Volunteer commitment: 1-3 hours per week including orientation session and service-learning reflection activities.

If you are interested in learning more about this opportunity, please email SOURCE Service Scholar Ria Gupta at rgupta55@jhmi.edu AND complete the following interest form: <https://forms.gle/HmS55Sn3zXi3xgFy8>

[REMOTE or In-Person: Looking for students interested in Energy Justice Network and the 'Bring Your Own' movement in Baltimore](#)

[Energy Justice Network](#) (EJN) actively promotes the zero-waste movement in Baltimore to reduce trash waste, such as reducing single-use products. EJN is a national organization that focuses on ending incineration and works to justly transition the country away from incineration towards clean energy and zero waste solutions to battle climate change while creating the jobs to do so.

We are currently looking for 4-6 volunteers to learn about the zero-waste movement and participate in fun community-based events. Responsibilities include :

- Engage in a few community events (such as farmers markets, food festivals) and raise awareness about zero-waste to community members
- Outreach to local businesses and inquire about their participation in the Bring Your Own movement
- Record short video clips for TikTok content (phone works) focused on zero-waste. If you have excellent ideas about how to run a TikTok/ig/fb account, please join us! Your creativity is welcome!

Time commitment: 1-3 hours/week and include required orientation and service-learning reflection activities. If you are interested in participating, please contact SOURCE Service Scholar Niki Sun at msun45@jh.edu.

Ongoing

Seeking volunteers for 'Voices in My Head' project with New Song Community Learning Center and Academy

Are you interested in working with middle school students, grades 6-8, to help promote health and well-being? [New Song Community Learning Center and Academy](#) in west Baltimore is undertaking a project to create a book written by students for their peers to address social-emotional well-being.

We are seeking 4-6 volunteers who are interested in working with middle school age youth. Responsibilities will include:

- Assist with research to inform the plan and co-design of student-centered/student-led mental health awareness project activities.
- Help with outreach to strengthen student engagement and identify key project stakeholders
- Support in developing and piloting creative writing exercises, poetry, spoken word, art, etc. for student participants to express how they work through challenging moments

Volunteer Requirements:

- Willingness to work with middle school students and foster their creativity in a student-driven project
- Availability to come to New Song & meet over Zoom
- Expertise/ interest in writing, art, poetry is a plus!

Volunteer commitment:

Volunteers can support 1-2 workshops with students lasting 1-2 hours, with opportunities to work with the students for additional sessions if they have availability to do so. To support volunteers, there will be an informal orientation meeting and training on New Song's community and mission, plus service-learning reflection activities.

Interested students should contact SOURCE Service Scholar Elyse Gutekanst at egutekanst@jhu.edu with their availability and a brief explanation of their interest and a time to meet and discuss the project will be arranged!

Seeking volunteers to support the International Refugee Committee's (IRC) Nutrition and Food Security Project.

The **IRC of Baltimore** is a non-profit, non-sectarian refugee resettlement agency dedicated to working together with legally admitted refugees to assist them in rebuilding lives and reuniting families in the greater Baltimore area. IRC's mission is to help people whose lives and livelihoods are shattered by conflict and disaster to survive, recover, and gain control of their future.

We are seeking 4-6 volunteers who are interested in working with the IRC to teach new refugees nutrition and how to navigate the local food system. Responsibilities will include:

- With the assistance of translators, use Zoom to implement recently updated nutrition lesson plans and educational materials on topics such as: how to navigate grocery stores, interpret price tags and food labels, encourage monthly food budget planning, description of food storage and preparation, overview of bus routes to food resources, and give WIC/SNAP overview to eligible families.
- Option to lead orientation sessions to neighborhood grocery stores and food pantries, including scheduling and logging client interactions into IRC's case management system.

Volunteer commitment:

Volunteers should have 1 to 2 hours a week to provide Nutrition and Food Security services with IRC clients and a SOURCE Service Scholar team. Orientation to this project will include onboarding training, granting of an IRC computer, and shadowing utilization of project educational materials.

If you are passionate about advancing nutrition as a key to health with refugee advocacy, contact SOURCE Service **Scholar Hannah Haas at hhaas4@jh.edu**.

Volunteers needed to support interviews with older adult clients of Lori's Hands

Do you have an interest in chatting with older adults living with chronic illness or those going through the aging process alone? Check out this volunteer opportunity with Lori's Hands and get to know older adults living in Baltimore City through our "Storytelling" Project.

Lori's Hands builds mutually beneficial partnerships between community members with chronic illnesses and students, fostering empathy, connection, and resilience. Students provide practical assistance to support community members' independence at home, and community members share their health and life experiences to support students' learning.

We are seeking 4-6 Interviewer Roles: These volunteers assist in conducting interviews with Lori's Hands clients. Interviews are conducted in person at their home, on Zoom, or over the phone. Volunteers may have the opportunity to attend in-person visits in the client's home. These are conducted in pairs and safety measures are followed. Volunteers can help with asking interview questions, taking pictures, note-taking, and building rapport. Lastly, they can also assist in transcribing interview notes into a cohesive, creative format as part of the "Storytelling" Project.

Time commitment needed: 3-5+ interviews are scheduled each month beginning January/February 2024 through May 2024, with each interview lasting between 30 minutes to 1 hour.

Weekly time commitment can be about 1-2 hours per week including service-learning reflection activities.

Skills needed: Respectful, culturally sensitive communication.

Training: ~30-minute training through Lori's Hands, plus a brief orientation meeting with Project Team

Interested students should contact SOURCE Service Scholar Michelle Galat (mgalat1@jh.edu) for more information.