# HIV Counseling and Testing Program Participation Requirements

SOURCE (Student Outreach Resource Center)
The Community Engagement and Service-Learning Center

Johns Hopkins University Schools of Public Health, Nursing, and Medicine

SOURCE's HIV Counseling and Testing Program is open to currently enrolled JHU students in the Schools of Public Health, Nursing and Medicine only. Students must be enrolled throughout the entire 2017-2018 academic school year.

If you are interested in becoming an HIV counselor for testing clinics in Baltimore, please review this full document thoroughly. If you are able to adhere to the requirements and expectations laid out in this document, you may then fill out the online application located **HERE**.

### The application deadline is Sun, Sept. 10 by 11:59 PM

**Note:** In order to participate in the program, you must fully attend the 3-part mandatory HIV Counseling Trainings on:

#### **BOTH**

Sat, Sept 23<sup>rd</sup> (9 am - 5 pm) AND Sun, Sept 24<sup>th</sup> (9 am - 5 pm)

& EITHER

Mon, Sept 25 (3:00 – 6:30pm) OR Tue, Sept 26<sup>th</sup> (3:00 – 6:30 pm)

If you are not available during all of the days and times listed, then you are not eligible for this program. Accepted students will be required to pay \$25 in order to supplement the training costs.

Required commitment for the program is dependent on site selection. JHHED and STAR require a minimum of 2 shifts per month while HLC requires a minimum of 1 shift a week.

#### **Community-Based Organization (CBO) Site Placements**

Please review the details about the CBOs that are participating in the HIV Counseling and Testing Program. You will have an opportunity to select which of these CBOs you would be willing and able to be placed with for your HIV Counselor placement. Please note the typical volunteer shifts at each site, as well as the travel options. This is important, as not all sites are easily accessible if you do not have your own transportation. Additionally, please consider your current academic schedule and what time slots you would have available to serve at any of these CBOs. All sites understand that your schedules will change periodically. However, it is expected that you will continue to serve your clinic throughout the **entire** academic year. This means that as your academic schedule changes, you will still be expected to fit HIV Counseling into your schedule. The exact time slots need not remain the same from term to term. You will agree upon your schedule at the CBO with your site contact and designated student leader.

# **STAR (Sisters Together And Reaching)**

STAR is a faith and community-based non-profit organization dedicated to providing spiritual support, direct services, and preventive education to women infected with HIV/AIDS through a holistic women's community center and mobile van unit. The program has a focus on women, but does serve the entire population (including men and the GLBTQ community).

#### Location:

901 N. Milton Ave, Ste 260 Baltimore, MD 21205 Phone: (410) 276-8969

Located 6 blocks from the Johns Hopkins Medical Campus. Onsite parking is available.

#### Involvement:

Work with STAR's mobile unit to conduct outreach and HIV Counseling and Testing. Exact shift times are determined by the requesting community organization or community event for the mobile unit.

#### Typical shifts include:

Tuesdays: 6:30am – 10:30am

Wednesday nights: 3:30 pm - 7:30pm, or 7:30pm - 11:30pm Thursday nights: 3:30 pm - 7:30pm, or 7:30pm - 11:30pm Friday nights: 7:30pm - 11:30pm, 8:00pm - 1:30am

Saturday days: varies between 8:30 am – 5:30 pm (example: 10am – 2pm; 10am – 3pm; 11am – 5pm) 8:00 pm – 1:30am (\*occasional Saturday nights. Most are Saturday daytime shifts)

#### **STAR On-site Training**: TBD

The STAR On-site Training will include STAR-specific confidentiality, risk assessment, and viral Hep-C (HCV) forms; the Clearview Complete Rapid HIV Type 1/Type 2 Antibody Test; and documenting and referral processes.

NOTE: The STAR mobile unit goes to different parts of the State throughout the week. Depending on the shift you select, you will be at different test sites. **All student volunteer trainers will be responsible for meeting at the STAR office prior to going out and will return to the STAR office at the end of the shift.** As such, shift times are listed from the time students **should arrive** to the time they should **expect to be back** at STAR offices.

Check out what past students have said about their experience:

<sup>\*</sup>Use the call box directory for access after 4:30pm.

<sup>&</sup>quot;Working with STAR has been one of the best experiences of my time in Baltimore."

<sup>&</sup>quot;The experiences with STAR were certainly instrumental in developing skills that incorporate forming connections and trust with people on a relatively quick time scale, as well as maneuvering through tough subjects with more comfort."

"It was a great learning experience in every stage - from working with the staff at STAR and SOURCE, to the mechanics of how the mobile unit works at STAR, to their normal routines/measures to maximize testing, to the actual experiences with individuals themselves. I found that it was one of my favorite experiences in school this year, and I'm really glad I was given the opportunity to participate."

# **Johns Hopkins Hospital Emergency Department**

The Johns Hopkins Hospital Emergency Department (ED) HIV testing program has been in operation since 2005. Our program has identified over 200 previously unknown positive patients and linked them to care. We offer and perform free routine HIV screening to all patients ages 10 and older. Post-test counseling is performed with all tested patients and we assist with the linkage to care for new HIV diagnoses, or for HIV positive patients that are not currently in care. Point of care testing shifts are available to eligible ED patients 16 hours a day (8am-12a), 7 days per week.

Please note this is not a research project or a counseling program, but a clinical testing program designed to test, identify and link previously unknown HIV positive patients to care to help prevent the spread of the disease.

In additional to the Level 1 and OraQuick training, participants receive on-site ED training by full-time HIV testing facilitators to orient you to the clinical operations of the ED.

#### Location:

Department of Emergency Medicine Zayed Tower Baltimore, MD 21209

Testing will take place at the Emergency Department at Johns Hopkins Hospital. This location is on the Johns Hopkins University Medical Campus and the main Emergency Department entrance is on 1800 Orleans St.

#### Involvement:

Volunteer coverage is available between the hours of 8am and 12 am at a minimum of 4 hours per shift.

Typical daily volunteer shifts include:

8:00 am - 12:00 pm 12:00 - 4:00 pm 4:00 - 8:00 pm 8:00 pm - 12:00 am

Check out what past students have said about their experience:

"I learned how to interact with patients and do effective patient education with a variety of people from children to adults in urban and rural parts of the region. I also learned how to multitask and work efficiently with infectious disease. It was a GREAT experience plus the program was very understanding with school priorities."

"The ED experience was fast paced, a lot of testing was accomplished and you get to experience how a hospital functions"

"I would recommend this program for anybody interested in working in the emergency department, HIV/AIDS, or any other similar field."

## **Harriet Lane Clinic**

The Harriet Lane Clinic (HLC) is a primary care clinic serving patients from birth to 25 who come primarily from low-income neighborhoods and experience disproportionately high rates of unintended pregnancy and human immunodeficiency virus (HIV). The HLC is comprised of three units: the Center for Adolescent & Young Adult Health, the Pediatric Resident Clinic, and the Pediatric and Adolescent HIV/AIDS Program . This facility is a teaching setting for Johns Hopkins Department of Pediatrics, inclusive of: pediatric medical residents, adolescent medicine fellows, nursing, social work, psychology, and nutrition.

The HIV Testing Program is a part of the clinic's Sexual Health Program, which aims to reduce unintended pregnancy among patients while ensuring access for uninsured, underinsured, and/or patients needing confidential care; increase access to pre-exposure prophylaxis (PrEP) for HIV; and reduce STD and HIV risk. The goal of the clinic's HIV Testing Program is to increase rapid HIV testing among patients13 and older, identify HIV positive and high-risk HIV negative adolescents and young adults in need of HIV and PrEP services, and provide family planning and sexual and reproductive health counseling and services.

#### Roles & Responsibilities

- 1. Volunteers will be co-located with clinic providers where they will monitor the schedule and ensure every patient who presents and needs a rapid HIV test gets one.
- 2. Volunteers will complete risk reduction, family planning education, PrEP education, and rapid HIV testing with all patients 13 and older and refer eligible patients to the PrEP team.
- 3. Volunteers will complete data collection, cleaning, and compiling as needed as part of the HIV testing program.

#### Location:

Rubinstein Building 200 N. Wolfe St 1st floor Baltimore, MD 21205

The Harriet Lane Clinic is located on the East Baltimore Campus of Johns Hopkins University on Wolfe Street between Fayette and Orleans Streets. The clinic is located on the first floor of the Rubinstein Building.

#### Involvement:

In addition to Level 1 and OraQuick training, all volunteers will be required to complete HIPPA and CITI online trainings. All volunteers will also be required to complete an additional 2-hour training with the clinic's Health Educators before volunteering can begin. This additional training consists of 1) a brief introduction to East Baltimore and the youth population served at the clinic, 2) integrating family planning, HIV risk reduction/PrEP, and sexual health counseling into standard risk reduction counseling, and 3) skills and techniques to effectively work with adolescents and young adults including understanding stages of adolescent cognitive development and counseling for behavior change including motivational interviewing and personalized cognitive counseling.

Volunteer shifts are primarily available in the afternoons Monday through Friday. However, there are some morning shifts available. Afternoon shifts are strongly preferred. Please note that many more patients are seen in the afternoon, meaning volunteers working afternoon shifts will have many more opportunities for testing. **Participants must be available to complete one shift per week.** 

**Primary Volunteer Shifts:** 

Monday – Friday 1:00 pm - 5:00 pm

Secondary Shifts:

Monday 9:00 am - 1:00 pmTuesday 9:00 am - 1:00 pmThursday 9:00 am - 1:00 pm

Check out what past students have said about their experience:

"The work we do at Harriet Lane is extremely fulfilling every day. I feel like I am building important clinical skills."

"I really enjoyed the opportunity to interact with patients, especially when we connected. I really felt that I had the opportunity to provide valuable resources to the patients in terms of information about sexual health, various methods of contraception, and making sure the physician was aware of the patients' health risks/concerns."

"Absolutely the best thing I've done in medical school."

"This was such a great experience to strengthen communication skills and to learn how to counsel people for harm reduction, in addition to learning how to test for HIV."

# **Comparing the Sites:**

STAR (Sisters Together And Reaching)	Johns Hopkins Hospital Emergency Department	Harriet Lane Clinic
<ul> <li>Community-Based mobile setting and linkage to care</li> <li>Conduct outreach to recruit people to get tested</li> <li>Primarily evening and night testing (weather dependent)</li> <li>Focus on recruiting, testing and counseling members of the community</li> </ul>	<ul> <li>Hospital, emergency department</li> <li>Respond to test orders and pre-identified physician/nurse requests</li> <li>Shifts available 8am – 12am, 7 days a week</li> <li>Focus on testing, identifying as many unknown positives and linkage to care</li> </ul>	<ul> <li>Youth, primary care clinic</li> <li>Tests will be pre-identified or physician requested</li> <li>Mostly afternoon with some morning testing</li> <li>Focus on sexual health, risk reduction/PrEP counseling, HIV testing, and family planning</li> </ul>

# Student Volunteer Counselor Expectations

#### The following are expectations of all student volunteers in the HIV Testing and Counseling Program:

- Agree on and document, with the CBO, the expected deliverables and duties.
- Serve for a minimum of 2 shifts per month at JHHED and STAR and 1 shift per week at HLC (shifts are approximately 4 hours in length).
- Meet time and duty agreements made with the CBO, and provide adequate notice of absence if needed.
- Participate in orientation activities at designated CBO, which may include criminal background check, HIPAA information, reference checks, PPD tests, providing a resume, pertinent videos, drug testing, and attending an orientation session for the CBO (activities vary by site).
- Be prompt, willing, respectful and positive at their CBO.
- Provide feedback about their experience and its relevance to their field of study through SOURCE's online feedback and reflection form.
- Be open to learning about cultures and lifestyles different from their own.
- Speak with their site preceptor and student leader if uncomfortable or uncertain about their responsibilities.
- Speak with SOURCE staff and/or the student coordinators if they are displeased with their service experience or need mediation.
- Adhere to the CBO's rules and procedures, including the confidentiality of the clients served.
- Know that they are not able to provide clinical care without the direct supervision of a faculty member from their Johns Hopkins University school (i.e. a medical student must be supervised by a JHU SOM faculty, students are unable to perform blood draws).
- Accept supervision and feedback that will enhance the learning experience.
- Coordinate their own transportation to/from the CBO where they are assigned to do HIV counseling and testing.
- Participate in quarterly service-learning reflection sessions with other volunteers, student leader, and site
  preceptor.
- Comply with MD laws/regulations regarding consent procedures, assisting with agency reporting as necessary, etc.
- Be open to providing information and referrals relating to reproductive health services including but not limited to: gender identity issues, same-sex sexual behaviors, abortion services, etc.

- Provide additional services at their designated CBO when not in a counseling session (i.e. administrative duties, health education, putting testing packets together, organizing outreach materials and giveaways, community outreach activities, etc.)
- Be patient at the start of the program, as there are a number of orientation activities to complete prior to being able to be involved as an HIV counselor.
- Maintain regular communication with student leader at their site.
- Regularly report their involvement via the SOURCE Community Involvement Reporting Form at <a href="http://SOURCE.jhu.edu/Report">http://SOURCE.jhu.edu/Report</a>



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