



SOURCE Service-Learning Service Scholars 2016-2017 Cohort

Poonam Daryani

Master of Public Health, JHSPH

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Poonam Daryani is a Master of Public Health student at the Bloomberg School of Public Health. Prior to JHSPH, Poonam worked on a maternal health initiative based in India and spent a year teaching at a secondary school in Malaysia. She holds a BA in Biology from Scripps College, where she was involved in public health research and advocacy centered around South Asian communities. Poonam is invested in community-driven movements for change and is motivated to continue building a career in health equity and social justice for marginalized populations. Poonam's upbringing in a nomadic and working class immigrant family gave her a strong global perspective and laid the foundation for her interest in anti-oppression work. Poonam is very excited for the opportunity to work alongside and learn from the Baltimore community as a part of the SOURCE Service Scholars program.



Community Partner: *Living Classrooms Foundation*

The Identity Clinic

The Identity Clinic is a collaboration between the Living Classrooms Foundation (LCF), and SOURCE. The Identity Clinic, which will run through LCF's Adult Resource Center (ARC), is an existing program that works with the reentry population and provides a variety of workforce development services. The clinic's aim is to be the vital records concierge for returning citizens. The clinic will work with returned citizens to reclaim their identity without the hassle of not having money, transportation, or time. Once operational, a returning citizen will come in to the clinic, and every document that is needed for a Maryland State Identification, Birth Certificate, Social Security card, and other identification based documents will be available onsite. The returning citizen will meet with a volunteer who will be the primary lead for collection of their information, document completion and return to required vital records entity. Volunteers will then ensure delivery of all documents to the returning citizen once obtained. Teams of volunteers will be recruited and managed through the SOURCE Service Scholar's work.

Cora Frantz

Masters of Nursing, SON

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Cora graduated with a music performance degree from University of California Santa Cruz before starting at JHUSON. Her particular nursing interests are mental health, geriatrics, hospice/palliative care and preventative medicine. She was a caregiver, nurse's assistant and phlebotomist and is excited to use these experiences in nursing. She can't wait to get into the community in the capacity of a SOURCE scholar!



Community Partner: *NAMI Metro Baltimore*

Strategic Outreach: *Supportive Programming for Transition-Age Youth:*

The SOURCE Service Scholar will be engaged in strategically extending NAMI Metropolitan Baltimore's programs, including the New Day Campaign, to serve youth transitioning from high school to college, as well as their families and communities. The academic year project involves conducting targeted outreach to this audience, including collaborating with staff on a needs assessment, building and strengthening community partnerships (community behavioral health, school, faith-based, student-led, and arts organizations), and developing strategies for engaging new audiences. The Scholar will have the opportunity to learn about the available curriculum and programs from the national NAMI organization and help to identify the programs that meet the Baltimore community's needs.

Courtney Garry

Masters of Nursing, SON
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Courtney Garry is a first year Nursing Student in the Accelerated Masters of Nursing Program at Johns Hopkins. She was born and raised in New Orleans, only leaving to receive her degree in Biology from The University of Texas at Austin in 2009. She returned to New Orleans and received her Masters of Science in Public Health with a concentration in Tropical Medicine from Tulane University in 2011. Courtney has a strong passion for helping others and has taken various medical trips around the world to serve in rural clinics such as Panama, Haiti, Dominican Republic, and Kenya to name a few. She is also an avid participant in Community Service, most notably serving as Chair for 3 years of St. Baldrick's Day, which raises money for Pediatric Cancer Research, and organizing a fundraiser for the Ebola Outbreak in Sierra Leone.

She is ecstatic to be chosen as part of the SOURCE Service Scholars Program for the 2016-2017 year and to work with the Baltimore Student Harm Reduction Coalition. She can't wait to see all that Baltimore has to offer and is thrilled to work with the community in harm reduction, advocacy, healthcare, and education. She strongly believes in what the programs mission is and is excited to start here journey as a Nursing Student in Baltimore. As they say in New Orleans, Laissez Les Bons Temps Rouler.



Community Partner: Baltimore Student Harm Reduction Coalition Harm Reduction Training Pilot Project:

This project involves the development and piloting of four new harm reduction trainings focused on drug use, alcohol safety, sexual consent, and reproductive health. The project is intended to create innovative conversation pieces around public health issues and provide needed education to Baltimore students and community members. The four new trainings will be created and edited with student input, tested before pilot groups, and provided as finished educational products over the course of the academic year.

Kathryn Marwitz

Master in Public Health, JHSPH
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Kathryn Marwitz is pursuing her Master in Public Health and is interested in pharmacoepidemiology. She looks to use her knowledge as a pharmacist to improve healthcare through safe, appropriate, and effective medication usage and through health education. Originally from a northwest suburb of Chicago, Illinois, Kathryn recently completed her doctorate of pharmacy education at Drake University in Des Moines, Iowa. During her pharmacy curriculum, she was intrigued by public health practice and first became interested in population health and preventive medicine. She pioneered a student pharmacist-lead influenza immunization program that helped immunize over 1,000 individuals per year. During her final year of pharmacy school, Kathryn had the opportunity to work in Punta Gorda, Belize where she helped bridge access to healthcare and social services for Belize's most rural communities and underserved populations. Additionally, during that year, Kathryn gained valuable experience at the Food and Drug Administration (FDA) in Silver Spring, Maryland where she learned more about the FDA's role in minority health promotion. Kathryn



credits her experience and interest in working with underserved populations to the Des Moines community pharmacy she worked at for four years. Kathryn is excited to begin her work with SOURCE and cannot wait to develop community relationships here in Baltimore.

Community Partner: The Commodore John Rodgers School

Commodore Health Consultants:

There is a real need and desire among families at The Commodore Johns Rodgers School to access more health-related information and services. The school has health-related programs and opportunities for parents and other family members such as flu shots, dental services, and a health resource fair at the beginning of the year. The vision for Commodore Health Consultants is a team of students who are available multiple days a week at drop-off and dismissal to meet with parents to provide families with information and resources that will benefit students' well-being. They also would be available to meet with parents in scheduled meetings and would continue to implement monthly health workshops.

Jace Nebeker

Masters of Nursing, SON
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Jace Nebeker was born in Idaho and shares his life with his wife and two puppies. He has spent a great deal of personal and professional life working and serving in the medical field and in his community. He has worked in dermatology, pain management, urgent care, and at an in-patient psychiatric hospital. He has experience as an instructor at a hospital and has taught many professionals including nurses, administration, and emergency room staff. Jace has always found joy in serving others and remembers being a little boy and wanting to help those around me. He lives his life to the fullest and works on himself daily by listening to motivational talks, fly fishing, writing music and playing golf. I am excited for the future and look forward to improving the lives of others.



Community Partner: Project PLASE

Change 5!:

This project guides Project PLASE's holistic view of individual improvement. Their hope and goal is to grant all residents the access to transitional housing, permanent housing and supportive/employment services. However, in order to effectively do that they must make sure that they cover topics such as 1. Career, 2. Cash 3. Care, 4. Community and 5. Culture. In doing so, Project PLASE tries to solve/mitigate the other underlying issues that may have led to homelessness or mental illness. By providing both information and resources, they increase the resident's knowledge and progression to restoring the whole person.

Tichelle Porch

Master of Health Science, JHSPH
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Tichelle Porch, originally from New Orleans, LA, is a second year MHS student in the Department of Health, Behavior, and Society at the School of Public Health (JHSPH). Prior to matriculating at JHSPH, Tichelle graduated from Emory University with a B.S. degree in Anthropology and Human Biology and minor in Predictive Health in 2015. As an undergraduate, Tichelle participated in JHSPH's 2013 Diversity Summer Internship Program where she examined the relationship between race, marital status, and physical activity among men. Her internship experience led her to explore her public health interests and in the Summer of 2014, Tichelle interned at the Centers for Disease Control and Prevention. Based on her personal and academic experiences, Tichelle aims to examine the interrelationship between schools and children's health and academic outcomes. As a 2015-



2016 SOURCE Community Consultant, Tichelle is excited to continue working with the Baltimore City Department of Social Services to help develop a research project examining the health disparities of the populations they serve.

Community Partner: *Baltimore City Department of Social Services*

Health Disparities in the Catchment Areas of Family Investment Centers:

BCDSS currently administers federal antipoverty benefits for over a third of City residents at the 7 Family Investment Administration (FIA) Centers across Baltimore. The Agency is preparing to shift to a more holistic and proactive approach to closing the health and income gaps for our customers. This project will involve conducting an analysis of the health disparities of the catchment areas of the 7 FIA Centers in order to inform the development of a health curriculum to be hosted at the various centers.

Alena Ross

Master in Nursing, SON
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Alena Ross, is a nursing student at Johns Hopkins University, originally from Sacramento, California. She received her B.A in Liberal Studies/ Teacher Education with a minor in Psychology from Dominican University of California and an A.S. in General Sciences from American River College. During her time at Dominican University of California she worked as a student teacher at many different elementary schools around San Rafael, CA. She also served as Dominican University's Student Chapter President for the St. Vincent de Paul society, helping to raise \$10,000 to help families in need. As an undergrad, Alena was chosen to present her senior thesis "The Effects of Teacher's Perceptions on a Student's Learning Ability" at the National Conference for Undergraduate Research (NCUR), in Ithaca, NY. In addition to teaching, Alena work for the Girl Scouts Heart of Central California for 6 years during her summer breaks as a camp counselor and Leadership Director. She not only led a variety of programs but also had to design and implement specific learning objectives. When Alena is not working or in school, she enjoys running, skiing, swimming and travel.



Community Partner: *STAR (Sisters Together and Reaching)*

Youth Life Development Program:

As STAR adopts a new care management model, they are looking to create Youth Life Development Program, which will be in partnership with local schools in East Baltimore. The purpose is to design a program which are valuable, inclusive, and sustainable. The program will focus on increasing physical activity, organized and interactive empowerment training, skill training, and cultural awareness.

Hilary Sama

Master of Public Health, JHSPH
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Hilary Sama is an MPH-degree candidate at the Bloomberg School of Public Health. She earned a BA in Sociology from Washington College in Chestertown, MD. She has worked for the past several years managing programs and events for associations, including the American Heart Association. She also is an active volunteer with Bright Beginnings, a non-profit preschool for homeless children, and Cooking Matters, which provides cooking skills to low-income individuals. Hilary is interested in nutrition education, especially for underserved populations, and improving the overall health of communities through intergenerational, community-wide education about food, nutrition, and physical activity. She is thrilled to have the opportunity through SOURCE to work with Living Classrooms Foundation helping to devise a sustainable nutrition curriculum for the youth after-school program.



Community Partner: *Living Classrooms Foundation*

Nutrition and Wellness at Living Classrooms' Community Center:

Living Classrooms' Community Center runs a daily after-school program for over 100 students in grades 1-8. In the 2016-17 school year, this Center will be expanding to include new school-day enrichment programs, workforce development training for adults, and other services for the community. With health, wellness, and fitness as a major focus area of this site, they are looking to incorporate nutrition lessons and cooking classes into the after-school program. They will also have a new kitchen area to work with (the Center is undergoing some major renovations in the spring and summer of 2016), making the start of the 2016-17 school year the perfect time to add cooking and nutrition classes into programming on a regular basis.

Joseph Shen

Master of Science in Biochemistry and Molecular Biology, JHSPH
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Joseph Shen is a second year ScM student in the Department of Biochemistry and Molecular Biology at the Johns Hopkins Bloomberg School of Public Health. Originally from Seattle, Washington, Joseph graduated from the University of Washington with a Bachelor of Science in Biochemistry and Microbiology. He also earned two minors in Chemistry and Bioethics & Humanities. Before coming to the Hopkins, Joseph spent two years working at the Harborview Medical Center Otolaryngology Specialty Clinics with Dr. Maya Sardesai. His clinical exposure helped him witness how socioeconomic circumstances could contribute to the deterioration of patients' health, and inspired him to search for solutions to improve care for disadvantaged populations. Under Dr. Sardesai's supervision, he also evaluated the management of laryngeal trauma and discovered how innovations in medical devices could impact on fracture treatment. He found that there was an increasing trend toward the use of mini-plates instead of stents to stabilize fractures, and this likely optimized patients' surgical outcomes. His clinic work strengthened his desire to combine patient care with research. While pursuing his ScM degree, he has worked as an HIV counselor at the Harriet Lane Clinic to provide sexual health education, rapid HIV testing, and family planning services to adolescents from low-income neighborhoods in Baltimore, who experience disproportionately high rates of unintended pregnancy, sexually transmitted diseases, and HIV. As a new SOURCE Service Scholar, he is looking forward to applying his broad clinical experiences to helping returning citizens not only gain access to official documents but also re-start their new lives at the Identity Clinic.



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Lily Sussman

Master of Science in Public Health, JHSPH

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Lily is a MSPH student in the department of Family, Population and Reproductive Health at Johns Hopkins School of Public Health. She is particularly interested in urban health and sustainability. Prior to attending JHSPH Lily worked in education in Chicago, IL, originally as a Teach for America corp member. Her experiences as a special education teacher sparked her interest in social determinants of well-being and inspired her to study public health. Lily grew up in New York and holds a Master of Teaching from National Louis University in Chicago and a BA from Northeastern University in Boston where she studied international affairs and journalism. She is thrilled to be part of the 2016-2017 cohort of Source Scholars.



Community Partner: *Green and Healthy Homes Initiative*

Baltimore Pay for Success: Community Engagement Strategy:

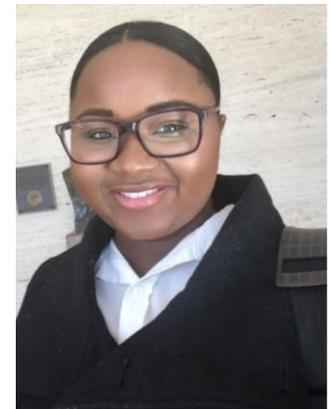
Project will focus on the planning and convening of an Asthma Advisory Committee for the Baltimore Pay for Success initiative. The Scholar and student volunteers will conduct a literature review in order to identify key stakeholders sectors interested in asthma prevention and treatment policy. Additionally the students will highlight individuals who have recently completed or are currently conducting evaluation research on environmental-related asthma interventions and services.

Jasmine Walker

Masters of Science in Public Health, JHSPH

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Jasmine Walker graduated from Emory University in 2015 with her Bachelors of Arts in Human Health. During her time at Emory, she worked with organizations that fought against health and education disparities in East Atlanta. Working in the community sparked Walker's interest in health policy. She is currently a Master's of Science in Public Health and Health Policy candidate at the Bloomberg School of Public Health at John's Hopkins. In her spare time, Walker enjoys cooking, acting, and singing. She hopes to incorporate her cooking and performance skills into her future career in health policy.



Community Partner: *Baltimore SquashWise*

Service-Learning and Civic Engagement Program:

The SOURCE Service Scholar will create and implement a structured service-learning program for the organization. SquashWise hopes the Scholar will provide meaningful service-learning opportunities for middle and high school students. Through this program, SquashWise hopes students will be more connected and involved with their communities.