

SOURCE Champion of the Month
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“Don’t hesitate to try to engage a population you have never worked with. Try a one-time opportunity: if you don’t like the experience, then try something else!”

What do you do as your community engagement activity?

Last year, I volunteered as the volunteer recruiter and coordinator with MERIT (a non-profit organization transforming under-represented high-school students into health care leaders). This year, I am volunteering with the Institutes for Behavior Resources (IBR/REACH) developing and implementing a curriculum to increase health literacy of substance abusers.

How much time do you spend on service per week/month?

It depends on the week as it varies from about 1 to 4 hours per week.

How did you begin to work with your community-based *organization* (CBO)?

I became involved with MERIT after I met Tyler Mains, one of MERIT’s co-founders, at the SOURCE fair last fall. I also took part in SOURCE Tri-School Days of Service where I got to meet some SOURCE staff members through whom I found out about IBR/REACH as part of the SOURCE Service Scholar program last Spring.

organization is able to function properly. Plus, I got to meet new people I may have never met, one of whom became a good friend!

Final Comments

It doesn't require much to get involved. One-time volunteer opportunities can be an ideal option for busy people.



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