

SOURCE Champion of the Month
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“Regardless of the outcome, trying one’s best and continuous learning + reflection are essential.”

What do you do as your community engagement activity?

Elev8 Baltimore

How much time do you spend on service per week/month?

Varies

How did you begin to work with your community-based organization (CBO)?

I applied to be a SOURCE Service Scholar in April of last year before even arriving on campus. After an interview/matching process, I was fortunate to be paired up with Elev8 Baltimore.

What do you enjoy about or gain through community service?

I am learning many lessons, making wonderful friends, and feeling holistic fulfillment.

How do you find time for service in your busy schedule?

Per time, it is really just priorities. What do we prioritize in our lives?

Besides finding the time, what barriers related to your service have you had to overcome?

There are barriers for fulfilling plans as imagined. Some projects materialize in ways that are quite different from their ambitious vision as others come together in ways beyond what was

ever imagined! Regardless of the outcome, trying one's best and continuous learning + reflection are essential.

How has your training in Hopkins influenced the way you approach service?

My coursework at Hopkins has allowed me to want to approach my work with the highest level of evidence-based rigor as possible, but surprisingly, it has also allowed me to be more sensitive to the nuisances between theory & practice as I strike the balance in my work.

How does your service shape your development as a health care professional?

As an aspiring pediatrician, the work that I have been fortunate to be engaged with today will drastically shape my future practice. I believe strongly that health happens in all places – truly beyond just the clinic or hospital. The schools and community are exactly where we work to make kids healthy, and I am happy to witness this up close.

What advice do you have for prospective students who are interested in community service?

LOL. Listen, (Be) Open-Minded, and Love.

What would you say to someone who is unsure of the impact his/her service would have on a community?

It is true that you may or may not have the impact that is envisioned for the work that you are engaged in, but if you can partner with others respectfully you will learn enormously from the process and leave a positive mark in the end.

What is the community service accomplishment that has affected you and/or your community the most?

I am proud that we have been able to successfully conduct a list of identified health needs and existing health strengths in the Elev8 Schools, and this is a great resource for those involved to be able to refer to in the months to come.

Final Comments

Dr. Martin Luther King Jr., once said, "Life's most persistent and urgent question is, 'What are you doing for others?'" Channel this spirit, not just during your time as a student, but for life.



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