

SOURCE Champion of the Month
March 2017



Kelsey Porter

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Masters of Science in Nursing Entry into
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"Each opportunity for community service offers a new experience and new challenges."

What do you do as your community engagement activity?

As the now former president of the Geriatric Interest Group (GIG) at the School of Nursing and participant in the Daniels Scholars Program, I had the opportunity to organize and engage in events with Stadium Place, a local older adult residence facility. I also very much enjoy interacting with women of the community through the birth companions program in which students act as doulas to guide parents through the birthing process.

How much time do you spend on service per week/month?

Service time for the activities I am involved in greatly vary month to month. During the prom planning process we spent 4-5 hours a week planning, then took a break from activities. As a doula for birthing parents check-ins may take only about an hour a week prior to a 14 hour labor, for example.

How did you begin to work with your community-based organization (CBO)?

Since my first position as a home health aide I have fallen in love with care for older adults. I feel that this field is in high demand for care professionals and older adults have a lot to offer us by way of motivation, experience, and appreciation. When I went to the activities fair at the school of nursing and found a table for the Geriatric Interest Group, I knew I found the organization I wanted to put my heart into.

